

# MOTHER'S DAY 5K

Presented by Dr. Philip Mascia

SUNDAY, MAY 13, 2012

9:00 A.M. START

BROOKFIELD HIGH SCHOOL, 45 LONGMEADOW HILL ROAD

TO BENEFIT THE BROOKFIELD HIGH SCHOOL TRACK

REGISTRATION: \$20.00 BY MAY 11, \$25.00 RACE DAY

T-shirts to first 225 entrants  
WALKERS WELCOME!

AWARDS:

WINNER: MALE AND FEMALE

TOP THREE: U13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

FIRST MOTHER/DAUGHTER TEAM \*& GRANDMOTHER/GRANDDAUGHTER TEAM\*

FIRST MOTHER/SON TEAM\* & GRANDMOTHER/GRANDSON TEAM\*

\*RUNNERS MUST ENTER TOGETHER AS A TEAM, PAY AS INDIVIDUALS. TEAMS ARE NOT ELIGIBLE FOR INDIVIDUAL AWARDS.

COURSE ROUTE: Start at Brookfield High School. Longmeadow Hill Road, right onto Hop Brook Road (cone turnaround) and return on Longmeadow Hill Road to Brookfield High.

DIRECTIONS:

I84 Eastbound: Exit 9, left off ramp onto Rt. 25. 4 miles through light at junction Rt. 133, bear right at Brookfield Library onto Long Meadow Hill Road, Brookfield High School on right.

I84 Westbound: Exit 9, right off ramp onto Rt. 25, then same as above.

**The Mother's Day 5K is the second event in the "Four Seasons Challenge Series." The 2012 race calendar includes:**

January 1, 2012 25th Annual Brookfield Lions/ James O'Brien New Year's Day Run for Sight 4-Miler

May 13, 2012 Annual Mother's Day 5K to benefit the BHS track  
9:00 a.m. start at Brookfield High School

June 10, 2012 6<sup>th</sup> Annual Strides to Cure Diabetes 5-Mile Run and 3-Mile Walk  
9:00 a.m. start at Cadigan Park  
Contact: Mark Lyon at (203) 775-6190 or lyonpride@charter.net

October 28, 2012 21<sup>st</sup> Annual 5K Halloween Run and 15<sup>th</sup> Annual Kid's K Fun Run  
10:00 a.m. start at the Brookfield Municipal Center  
Contact: Brookfield Parks & Recreation (203) 775-7310 or www.brookfieldct.gov/rec

Runners who register for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift, to be distributed during the awards ceremony at the 2012 Halloween Run.

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To register by mail, make checks payable to "Town of Brookfield" and mail to:  
Brookfield Parks and Recreation, "ATTN: Mother's Day 5K", P.O. Box 5106, Brookfield, CT 06804.  
Register by phone with credit card: call Brookfield Parks & Recreation at (203) 775-7310.

NAME\_\_\_\_\_AGE\_\_\_\_\_SEX\_\_\_\_\_

ADDRESS\_\_\_\_\_

CITY, STATE, ZIP\_\_\_\_\_

TELEPHONE\_\_\_\_\_SIGNATURE\_\_\_\_\_

EMAIL:\_\_\_\_\_

T-SHIRT SIZE\_\_\_\_\_PARENT'S SIGNATURE\_\_\_\_\_

TEAM NAMES AND CATEGORY: MD, MS, GD, GS\_\_\_\_\_